



RDA Newsletter

Riding for the Disabled Association (NSW) Raymond Terrace & Lower Hunter Connections

IN THIS ISSUE: Term 3, 2022

From the President

Lights for Yard Area

Elsie – A Volunteer Story

Shrek Ride A Thon

Hari – A Riders Story

Arena Hire

Mounted Games

Community Support

Working Bee

FROM THE PRESIDENT

Hi Everyone

Term 3 was another busy term for riders, parents and carers, coaches and volunteers with all of our programs running smoothly. This was despite the exceptionally wet, and at times cold, weather and I commend everyone who braved these conditions and turned up for riding each week.

Some of the highlights from term 3 which are worth noting include:

- The Mounted Games were on again and once again well organised. Congratulation to all our riders who showed lots of progress and success, and to our volunteers who make it all possible.
- A well organised working bee and general clean up around the grounds was held in September, including time to enjoy a BBQ and other delights, and each other's company. So much was achieved – thanks so much to everyone involved.
- A number of projects were completed through the amazing and generous donations of funds, supplies, gift cards, goods, services and labour – some of which are highlighted in this newsletter. All of our amazing supporters get a letter of thanks to say how much we appreciate their generosity in keeping our Centre what it is.
- Caretaker Phil has continued to manage the increase in external, paying clients that use our Arena for workshops, general equestrian, and other activities. Thanks, Phil, for your dedication and hard work in keeping the Arena well presented.

Term 4 programs continue on Mondays, every 2nd Friday and every 2nd Saturday. Our hardworking horses will certainly look forward to their summer break starting in mid-November.

We continue to provide regular updates on Facebook. If you have not been receiving emails, please make sure we have your most up to date email by sending your details to raymondterrace@rdansw.org.au.



Alison
President
Management Committee

PROGRAM NEWS

August – Celebrating our Horses Birthday



Shrek Ride-A-thon

The Supa Saturday Squad were greeted with a sea (or swamp!) of green for the Shrek-themed Ride-a-Thon. The Three Blind Mice were causing havoc, Little Red Riding Hood was hiding from the Wolf who had already eaten Grandma, and Princess Fiona, Cinderella and Snow White were being ordered around by Lord Farquaad. Luckily, Puss in Boots and Donkey kept everything in order with the Fairy Godmother keeping the peace!



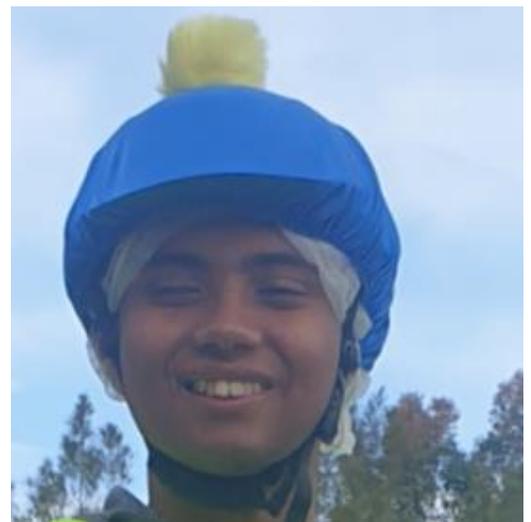
Our 'Throw the Pig in the Swamp' champion was Shannon on Flame, Moniqua on Chase was spot on aiming the hoops over Pinocchio's nose, Ian demonstrated his basketball (rotten cabbages?) skills aided by Supa, and the Gingerbread Man (Alicia) on Ebony was glad to throw the slimy slugs down the well! The horses were all a little alarmed at the scary Pin the Tail on the Donkey game!

Our green feast was delicious, complete with worms in swampy jelly, stylish gingerbread men and an ogre cake with impressive ears! An awesome effort and loads of fun!

A Rider's Story – "A Smile Says It All"

Hari has been riding at Raymond Terrace for 5 years.

It hasn't been plain sailing for Hari, but there has always been "something" in him that we knew we wanted to see. He has a loving nature, a smile that just melts your heart and a brain that demands to be tested. We've had to learn a different technique to get the best out for Hari. If you think you can catch him up with addition, subtraction, multiplication or all three together – think again. Knowing car logos is another of Hari's abilities. We've got to put our thinking caps on for next year!



His dad, Balaji, was called in to help, as we were unable to get Hari to sit-up well, for any length of time. He was not obliging any of us on Tuesday. Balaji joined his son during his weekly riding session and was successful in getting Hari to sit-up and.... STAY-up...YEH! He now sits-up beautifully for the whole riding session.

Hari has come such a long way this year. His dad no longer has to accompany him when he rides to ensure he sits up – he does this of his own accord.

We are all so very proud of what he has accomplished and wait with bated breath till we see how he will totally surprise all of us again next year.

Coaches: Carol; Hayley; Alex

Mounted Games 2022

The Beyond Bank Regional Mounted Games for 2022 was held during September using an Individual Programme format the same as in 2021. It was discussed with the Coaches, and we all felt with Covid still around and the grounds at the Centre very wet, limiting the parking, the Individual Programme style was our best bet to have a wonderful Mounted Games.

We invited all the RDA Centre's in our region to join in, and it was amazing that RDA Central Coast could compete with us once again.

31 Riders registered for the event, with another 11 Riders joining in.

A big thank you goes to the Coaches for the time and effort they put into their riders and the event on their Programme Day. Thank you to the 'Official Judges / Timekeepers' – the extra effort was appreciated. To all the volunteers and Families, a big clap to you – you all showed amazing cheering skills, and finally 3 x big Hip Hip Hooray's to the Riders and their horses – they all showed great enthusiasm and sportsmanship.

The Riding for the Disabled (Raymond Terrace & Lower Hunter) Mounted Games Encouragement Award Perpetual Trophy is awarded to Jaymii Ray – (Tuesday). "Well done Jaymii – keep up the great work".

Once again, thank you for the **SUPER** effort in making the Mounted Games **2022 FABULOUS** and it shows that **MAGIC** can happen when we are all part of the TEAM.

Hayley Bell

Mounted Games Co-Ordinator

RESULTS 2022						
	1st	2nd	3rd	4th	5th	
4 FREE WALK						
Twist & Turn	Ava Hurstfield	Alicia McDonald	Seanna Bryant-Gray	Jaden Macko	Jaymii Ray	
Bending	Ava Hurstfield	Jaden Macko	Alicia McDonald	Miriam Donovan	Xavia Monro	
Snakes & Ladders	Ava Hurstfield	Miriam Donovan	Alicia McDonald	Jaden Macko	Seanna Bryant-Gray	
Crazy Eight	Miriam Donovan	Ava Hurstfield	Jaden Macko	Zavier Mills	Seanna Bryant-Gray & Jaymii Ray	
5 TRANS WALK						
Twist & Turn	Shannon Wood	Scarlette Cascali	Santana Wenitong-Rios	Jack Burkill	Shannon McGee	
Bending	Shannon Wood	Grace Bailey	Scarlette Cascali	Skye Overall	Harmoni Cottie	
Snakes & Ladders	Scarlette Cascali	Santana Wenitong-Rios	Jack Burkill	Shannon McGee	Monique Speight	
Crazy Eight	Shannon Wood	Grace Bailey	Santana Wenitong-Rios	Jack Burkill	Skye Overall	
6 ON LEAD WALK / Side walker						
Twist & Turn	Connor Galvin	Sebastian Stace	Alice Watson	Sonny Wright	Kaylah McMahan	
Bending	Sebastian Stace	Connor Galvin	Alice Watson	Abbi Rakebrandt	Makeytah Starkey & Belinda Jones	
Snakes & Ladders	Sebastian Stace	Connor Galvin	Alira Wright	Bella Hardy & Dakota Marks	Cleo Rutherford	
Crazy Eight	Bella Hardy	Sebastian Stace	Makeytah Starkey	Dakota Marks	Amy Dunlop & Pippa Granter	

Saturday Mounted Games 2022

The **Super Saturday** group held their mounted games event with only 4 riders competing.

Xavier on Tiger, Moniqua on Chase, Shannon on Flame as had been riding Belle and Alicia on Ebony.

Our two new riders competed for the first time in these mounted games event and the day was good.

One of our riders thought we had an overseas judge to do the judging - thanks again for visiting us, Hayley. It was a good morning.



IMPORTANT NOTICE:

Our Caretaker Phil has a new mobile. For any calls related to RDA Arena Hire or RDA Facilities please call his new number.

0493 526 290

Tuesday Mounted Games 2022

Well, another great day and year was had for Team Tuesday. We celebrated our end of year with a “Shrek Movie” themed Ride A Thon.

The riders enthusiastically sort sponsorship from their family, friends, and community. Team Tuesday was very proud to be able to support RDA at this fundraiser.



The effort and fun that went into our costumes was enormous. We had Shrek, Princess Fiona, the Fairy God Mother, Gingerbread men, Donkey, a couple of Pus in Boots, a Ninga and one of the 3 little pigs and of course the Babysitter from movie 3, to name a few of the characters that were represented.



Some of the events the riders participated in were Pig in Mud Toss, Rescue Fiona from the Dragon, Ogre baby skittles, Rounding up the Flying donkey babies, and the Slug and Spoon Race.

Team Tuesday looks forward to riding again in 2023 and we can't wait to see what the riders come up with next year. All the best from Carol, Hayley, Alex, and Team Tuesday xx.



Monday Mounted Games



Fab Friday's Ride-A-Thon Fun



Fab Friday group held their sponsored ride "Ride a Thon", had great fun with the Shrek theme and even got to eat cake after a wedding or two.



VOLUNTEER NEWS

Working Bee Thank You

On Tuesday 11 October we held a Working Bee which was attended by volunteers, parents, and sponsors. Despite the mud, much was accomplished by this energetic and enthusiastic team of hard workers. A huge thank you to all those that assisted and another huge shout out to The Imperial Hotel in Maitland who sponsored lunch for all the hungry workers



Volunteer Profile - Elsie

I started volunteering at RDA 18 months ago when I was in Year 9. My high school encourages us to do volunteering in the community and I had always considered joining RDA. I've grown up riding horses and have been in my local Pony Club for years. I have enjoyed being a part of the horse-riding community, through which I first heard of RDA.



At first the idea of joining a new organisation was daunting, however all the volunteers welcomed my Mum, who was joining as well, and I. The friendly atmosphere made the early mornings fun, and I've had a great time getting to know everyone, especially the different riders that come in on Saturday.

This year I was made Saturday's designated rider, meaning I can hop on to warm up a horse for a rider if needed or to check if the horse can be ridden that day. I have really enjoyed joining RDA, I have learnt a lot and I'm looking forward to continuing volunteering here.

A **HUGE** shout out and thank you to our donors and Sponsors

Thank you to the following sponsors:

Another huge shout out to our major sponsors – Maitland and Port Stephens Toyota, Beyond Bank and The Imperial Hotel Maitland. We are thrilled to see their signs on the outside of our Arena. Many thanks to our Caretaker Phil for putting the signs up. They look great!



Maitland and Port Stephens Toyota are well recognised for supporting their local community and are pleased to become a sponsorship partner with RDA Raymond Terrace & Lower Hunter to support people living with a disability to achieve their life goals.



FREE FIREWOOD AVAILABLE

If anyone is interested, please make arrangements with our caretaker Phil on 0493 526 290 to arrange collection.



COMMUNITY NEWS

Country Brewer Maitland

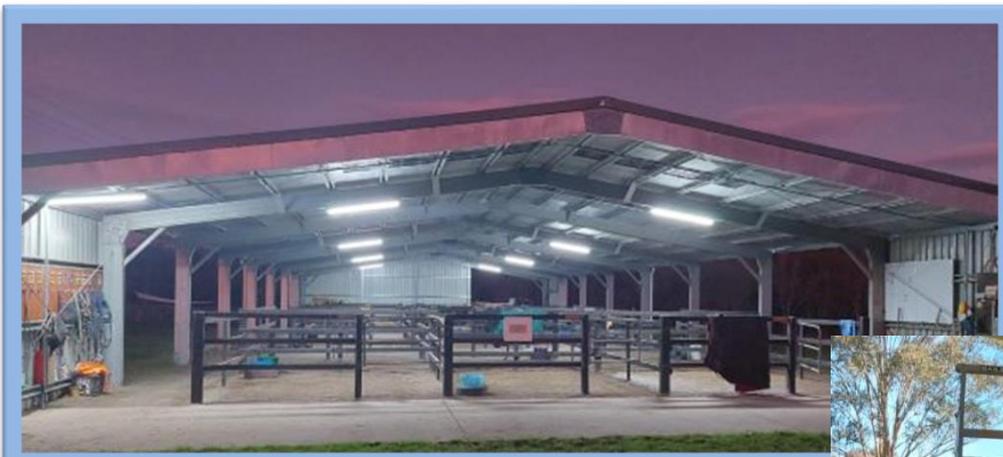
A big shout out to Country Brewer in Maitland who donate the ingredients for us to make stout for our horses once a quarter.

Stout contains yeast which provides much of the B-vitamin complex, an important nutritional component in helping horses recover from stress and provides important probiotic support. A couple of our horses share a stout once a week - and then there is a sing-a-long in the yards led by the caretaker Phil



Thank You Wayne

A big shout out to Wayne who supplied and installed LED lights for the stalls – putting an extra one over the head collar board and two near the hay. The new lighting is amazing and will help reduce our electricity cost. Many Thanks Wayne!



Assistance Needed -
Can you help?
If you have wordpress experience with websites and can spare a couple of hours to show us some stuff for our website please contact us via
raymondterrace@rdansw.org.au

Thank You to The Men's Shed Salamander Bay

Once again, the Men's Shed Salamander Bay showed support to RDA when they presented a Shape Board custom made for us so our riders can participate whilst riding.

The board not only encourages shape recognition, but helps with balance/reach, crossing the midline, finger, and grip dexterity.



Thank You McDonalds

We are thrilled to say that McDonalds came on board this year to assist in sponsoring our Mounted Games which were held in September. McDonalds supplied an achievement award with a voucher for a happy meal to each rider along with a coffee voucher for each volunteer.

Thanks to Maccas

Pictured are Hayley and Carol – Tuesday coaches.



HORSE CHATTER



New Sick Bay Stall for Horses

In term three we built a larger stall at the back for our horses when they are unwell and need special care. Thank you to all our maintenance volunteers who assisted in this project.

Pictured is our volunteer Kim tidying the area to get it ready for the build.

RDA ARENA HIRE

Our Arena is hired out to all sorts of events within our community. Our Arena is one of our revenue streams to assist us in continuing our programs at our Centre. We would like to say a huge thank you to our Caretaker Phil and our Friday Coach Janet who continue to be great ambassadors for RDA when dealing with Arena Hire and communicating with the varied range of users and visitors through this service.



Above: Australian Miniature Horse Society Show

Right: 3 Day Dog Agility Clinic




Adam Sutton Allround Horsemanship
119 past events - Page · Product/service

Customised training at your location or ours! Adam is based in Maitland NSW & can travel for Lessons

Adam uses our Arena for different clinics and riding lessons he runs



Medowie Christian School have been using our facilities during the wet winter months to keep up the fitness and skills of their equestrian team with their coach Liz